

HOLLIS PARK DISTRICT



JUDO CLASSES OFFER FITNESS, FUN AND SELF-CONFIDENCE. GEORGE WEERS (BLACK BELT 7TH DEGREE) IS A CERTIFIED MASTER COACH WITH 50 YEARS OF JUDO EXPERIENCE. HE HAS COACHED AT THE US OLYMPIC TRAINING CENTER AND NATIONAL JUDO INSTITUTE, DIRECTED NATIONAL TRAINING CAMPS AND HAS SERVED ON THE US JUDO ASSN BOARD OF DIRECTORS FOR 10 YEARS.

AGES 6 AND OVER

Tuesday and Thursday
6pm

Saturday
10am

Daily: \$6

Monthly: \$25 Resident \$30 Non-Resident

JUDO
CLASSES

Hollis Park District Recreation Center
10107 S. Vine St. Mapleton
309.697.2944